

The Bondi Surfer - 16 March 2011

The Bondi Surfer



UPCOMING EVENTS

Allphones NSW Masters and Open Championships: 17-20 March 2011

Stan Mac Relay 27 March 2011

Beach Road Bondi Blue Water Challenge 17 April 2011

Click on link: [Bondi Blue Water Challenge](#)

Return to Glamour 21 May 2011

[COMPETITION - surfsports@bondisurfclub.com](mailto:surfsports@bondisurfclub.com)

ALLPHONES NSW MASTERS AND OPEN CHAMPIONSHIPS: 17-20 March 2011

Results:

Boats:

Frequent Flyers - Gold

Teletubsies - Bronze

Swims:

170 years (Steve, Cyril, Gary) - Gold

130 years (Emiel, John, Simon) - Bronze

65-69 John Caporn - Silver

35-39 Simon Watkins - Gold

50-54 Gary Emmerton - Bronze

40-44 Dori Miller Gold

Tube Rescue:

Gary Emmerton - Gold

Dori Miller - Gold

Ski:

40-44 Matt Colquhoun - Gold

50-54 Grant Veckranges - 4th

Double Ski:

Will Hardman and Greg Byrnes - 5th

Ski Relay:

110 years - Greg, Matt, Will - 6th

Well done guys!

IRB NEWS:



LIFESAVING - lifesaving@bondisurfclub.com

Please click on this link to see the

roster: <https://spreadsheets.google.com/ccc?key=0Av4Ie40o20FEdGVVZVJGdG16ZUpCNWixQzRMWVdqY1E&hl=en&authkey=CO2Bx5EB>

Any issues or questions please contact James Hutton lifesaving@bondisurfclub.com

- view the Bondi Surfer, there is a list of people currently seeking sub's

- to get on the list email admin@bondisurfclub.com , with your patrol name, date, time

- or try contacting your friends

Once you have a sub or if you can't find one please email your Patrol Captain (email addresses are on the roster)

Patrol Subs: If you are able to help out on patrol please click on link: [SUBS NEEDED FOR PATROLS 10-11 \(4\)](#)

EDUCATION - education@bondisurfclub.com

Migration to Surf

Bondi Surf Club is running a free beach safety program for adult migrants on Sunday March 20 from 10am until 1pm. Migration to Surf is designed to assist anyone unfamiliar with surf beaches, develop a greater understanding of the surf in a safe and informed way. For keen participants, there is no minimum level of swimming experience required. The course has a practical component involving a one-on-one session with a Bondi Surf Life Saver.

If you would like to volunteer on the day – or if you know anyone who might be interested in taking part in the course – please contact Chris Lorang (Chris@devotion.com.au) or Louise Bryant (Bryant_Lou@yahoo.com).

[Flyer: Introducing Bondi Surf Club's Migration to Surf Program](#)

CPR

This latest guideline on CPR is just out. Have a careful read, much of the recent trend in thinking and practice is now in our guidelines.

Changes to CPR following Australian Resuscitation Council Guideline changes 110106 - final

LinkedIn

Bondi members are the heart of this club, which is why this volunteer organisation is so special. So in an attempt to bring together and network the vast professional skills of our members, we now have a professional group for the club available via LinkedIn. Jon Slack-Smith is running our first and official LinkedIn group, so join up by searching for "Bondi Surf Bathing Lifesaving Club". Then add any details to the group you like to promote your services or business. www.linkedin.com

Education

Blog: <http://bondisurflifesavingeducation.blogspot.com/>

Blog

GENERAL CLUB NEWS

GOLF DAY

The Bondi Surf Club held its Annual Golf Day last Friday, 11th March at the beautiful St Michael's Golf Course. A great day was had by all the players and a luncheon and presentation of prizes was held in the club house after the round of golf.

The surf club is very appreciative of its good supporters, Ravesi's Hotel, Eastern Suburbs Legion Club, the R & W Eastern Suburbs Group and club men Will Hardman, Pat Moore, Kieran Milne and Jason Taylor. The club had its usual band of willing helpers. Rod Harvey and Brian Tyquin spread cheer on the 1st and 10th Hole. All proceeds from this successful day go towards our Touring Team of young lifesavers to the Australian Surf Titles.

THE BALL IS BACK! With the theme "Return to Glamour"

The Bondi SBLSC Ball will be on Saturday May 21st starting at 7pm. Venue will be announced in the next fortnight and from early interest we expect tickets to go very fast so don't leave it too long!

Tickets are \$120 though if you pay for a table of ten the cost per ticket will be \$110. Under 18s are allowed with 16 being the minimum age, tickets are \$80 for anyone that is Under 18 at the time of the ball (not the time of purchase). Your ticket covers food and alcohol till midnight. Partners and friends are welcome so invite them along. There will be music to dance to and speeches will be kept to an absolute minimum!

You can purchase from the office at the surf club by going down there or on 9300 9279. It will be a formal dress code so dress up (no, that doesn't mean you just iron your jeans!) and get your tickets before it sells out!

Contact Jacob Waks on deputyresident@bondisurfclub.com if you have any questions.

OFFICE :

The Office is currently manned by Leanne Bartlett on a Monday - Wednesday and Viv Veckranges on Thursday, Friday and Sunday.

Office hours are Monday to Friday 9am to 3pm and Sunday 9am to 12 am

BONDI SURF CLUB RULES:

It is important that you are aware, and comply with the rules & regulations of the club.

This document is only a quick reference to some of rules that you need to be aware of immediately. We strongly recommend, that you make yourself aware of the Bondi SBLSC Objects & Rules of the Club (Version 2) &. Copies of which may be found on our website, or through the office.

Boards and Skis

- Boards and skis owned by the Club are stored in the craft shed.
- Boards and skis owned by individual members may, only on payment of a storage fee, be stored in the craft shed. Any unauthorised craft, gear or personal belongings left in the craft shed will be removed immediately, and the owner/member shall accept all responsibility for any damage or loss of the equipment. • Member & non-members' surfboards must not be stored, or left anywhere in the Club or craft shed (unless arrangement of an allocated rack & payment of a storage fee).
- Only the Director of Surf Sports/Competition (Grant Veckranges) may authorise a member to use any competition, or competition training craft . The member shall be responsible for its safe return.
- Members shall immediately report any loss or damage of Club equipment to the office.
- No person other than a member of the Club who is a proficient Bronze Medallion or SRC holder, or probationary candidate undertaking Bronze Medallion or SRC training shall be allowed the use of any club equipment
- Club rescue boards, competition boards and skis shall be used only for the purposes for which they are designed.
- Members using Club rescue boards for personal skills improvement outside of patrol hours must only use those rescue boards allocated for training purposes
- Members using Club rescue boards for personal skills improvement inside of patrol hours must only use those rescue boards allocated for training purposes, and **MUST** wear their prescribed caps (patrol or candidate). Patrol Captains have been asked to police this requirement.
- Members using Club rescue boards for personal skills improvement inside or outside of patrol hours must adhere to the rules of the beach (i.e. surf craft area, flags, etc.).

Hours

- The Clubhouse is open to members from 4.30am to 10.00pm.
- Wet Cossies/Clothing/Wetsuits/Bodies • A member shall not wear wet clothing in the Clubhouse except in the wet entrance, the change rooms, the boat shed, craft shed or the gear room.
- Members returning to the Clubhouse from the beach wet or sandy must use the wet entrance at the southern side of the building. The craft entrance is to be used only for entry & exit with craft or other equipment stored in the craft area.

Cleanliness

- Each member shall take all reasonable action to preserve the cleanliness of the Club.

Children

- Children under the age of 13, other than a member, shall not be permitted to enter the Club House unless accompanied by a member.
- A member who accompanies a child must supervise the child at all times while the child remains in the Clubhouse.

Animals

- No animals are permitted in the Clubhouse.

Visitors

- A member may invite a visitor into the Clubhouse, but the member will be responsible to ensure that the visitor conforms to the Club rules as if they were a member.

Conduct

- A member in the Clubhouse shall not engage in unseemly conduct such as bad language, bullying, harassment likely to interfere with the comfort of other members.

Sauna

Members must:

- Shower before entering the sauna to remove sand and salt water.
- Use a towel at all times when sitting on benches.
- Comply with the guidelines for sauna use as displayed in the sauna.

Keys/Electronic Access Cards

- A member shall be supplied with an electronic access tag for Clubhouse access.
- It is the members' responsibility to notify the office immediately of a lost/missing tag and tags will be replaced for a fee
- Tags are for the sole use of the member to whom they are issued and are not transferable. You are not permitted to give your tag to anyone for use.
- Members are only given access to doors for which they are authorised.
- The Boat Shed Roller doors are only to be used for the removal & return of craft. Members are not permitted to use these roller doors as an alternate entrance to the main hall, or wet entrance.

Club Property

- No member shall remove, or use for any purpose other than that for which it is intended, any lifesaving, competition gear or property of the Club without approval of the Board of Management, or a designated representative.

Gymnasium

- Only members holding a current gym membership are permitted to access and use the gym and gym equipment.
- Gym members are not permitted to provide gym access to persons who are not gym members.
- Gym members must comply with the 'Gymnasium Rules' as displayed in the gym. If you use the gym make sure you read them.

Club Staff

- Members must always be courteous and respectful to Club staff.

Misconduct

- Any member who violates the Rules of the Club or the By-Laws, or who misconducts themselves on Club premises, or who acts contrary to the general policy of the Club or so as to bring the Club into disrepute, may be suspended or expelled from the Club by the Judiciary Committee or may otherwise be dealt with as the Judiciary Committee deems fit.

Parking & Parking Concession Compliance

- Members who live within the Waverley Council area must obtain a Beach Parking Permit to park private vehicles on Queen Elizabeth Drive Bondi Beach, whether or not they are performing official duties.
- Members who reside outside the Waverley Council area are entitled to concessional parking for patrol and other Club related duties. Such members are expected to comply with the provisions of the concessional parking provisions as may apply to them.
- The parking spaces directly in front of the club are for use of members who are on patrol, and clearly display the members parking sticker. Please do not park there unless you are on-duty.

NIPPER NEWS

Club Champos (Championships)

Don't forget!!! This Sunday is the final round of club champos for the Nippers! Make sure you have a good night's rest, a healthy breakfast, and are ready to go straight after muster.

BBQ Roster

Bondi Nippers BBQ- Sunday March 20th - Under 7's age group rostered on. We need parents on duty at 7.30am!

Age Managers & Water Safety Meeting

Every Sunday morning at 8.30am, there is a meeting/briefing for all Age Managers & Water Safety. Yes, Age helpers are indeed welcome. These meetings are essential, in order that all are informed of the day's activities, and any relevant, up to date information.

Boards

A reminder to all Nippers & Parents, all boards are to be returned to the storage container directly following nipper activities on Sunday. There are no exceptions to this rule.

Sponsors

Our Nipper Program is dependent on the assistance of not only our great volunteers, but also the assistance and partnerships with our terrific Sponsors. If you have any in-roads or introductions to potential sponsors of Bondi Nippers, we would greatly appreciate it. Please contact Michael Gencher at nippers@bondisurfclub.com for any information or details regarding sponsor/partner programs and benefits. Our 2010/2011

Sponsors & Donors

DATS <http://www.datsskipbins.com.au/>

Beach Road Bistro <http://www.beachroadbondi.com.au/>

Sun Greenaway Builders <http://www.sungreenawaybuilders.com.au/>

Bonds <http://www.bonds.com.au/>

1st Street Home loan & Protection Specialists <http://www.1ststreet.com.au/>

Blue Horizon Printing <http://www.bluehorizonprinting.com.au/>

Twisted Frozen Yoghurt <http://www.twistedyoghurt.com.au/>

Grill'd Healthy Burgers <http://www.grilld.com.au>

Face book

If you are on Face book, why don't you join our Bondi Nippers

page? <http://www.facebook.com/home.php?#!/pages/Bondi-Nippers/155348247824519>

TRAINING

Surf swim training sessions

TIMES:

Monday 6pm to 7pm

Wednesday 6am to 7am

Saturday 4pm to 5pm

Steve de Lorenzo

inquiries 0422192607

Craft training

To view this weeks training program with Matt Colquhoun click on the links:

Program_FEB_2011_-_wk42[1]

Program_FEB_2011_-_wk43[1]

SURF RACE SEASON 2010/2011 (Week 25)

13/03/2011

A GRADE

1st – Scott Stein – 2.15

2nd – Ziggy Legins – 2.00

3rd – Josh Yuide – 3.00

Number of starters = 23

B GRADE

1st – Maggi – 0.25

2nd – Patrick Campbell – 0.20

3rd – Christian Schoener – 1.55

Number of starters = 25

C GRADE

1st – Samantha Bannister – 1.30

2nd – Manon Saint-Clair – 1.00

3rd – Hamish Donkin – 0.00

Number of Starters - 12

S GRADER

Tippett, S Hallam, T Hallam & L Engdahl

Number of starters = 4Total Number of starters = 64

Another great day, with a small wave across a very shallow long bank, that tested out a couple of well used knees.

Scott (who won the Bondi Amateur Swimming Club's Open 400m championship race the day before) came in well in front of the A Grade brigade. Ziggy who is always competitive, but probably found the bank a little deep was second, with Josh just beating Martin Greenberg up the bank to come in 3rd.

Young Peter Riley (who backed up after for the Cadet race) as a time trialer was first to the line in B Grade, however, consistent and very popular race performer Maggi got the points, ahead of Patrick (whose shoulder injury is slowly on the mend) with Christian not that far behind.

The Cadets saw Samantha well clear of the field to record a good win from Manon & Hamish. It is great to see competitive numbers returning to this race and hopefully it will only get stronger.

I try and get to bottles on a regular basis, as it is a good chance to see friends and meet new members and there is always something going on. Yesterday one episode would have been immortalised if we still had Christmas Cheer. Two very prominent members & I hasten to say non boaties were talking about a couple of rescue tubes, with one saying to the other "yours is the one that I have taken a bite out of" & at the same time displaying a tube with a nice sized bite out of it, which no doubt by the Aussie Titles it will have developed into a major shark attack

The Mick Shearman is on 27/03. To get the Club Patrol Efficiency award you must compete one round of the Resuscitation component straight after the Surf Race & it only takes a couple of minutes (it is a about doing as against how good you are) I hope all active BM holders make the effort to come down & race & then do the resus.

Finally to those members who competed in the third round of the Masters Surf Race, thanks for the effort & I look forward to seeing you all at Presentation Night. A special thanks to Raewyn, who did everything except swim, which I am reliably informed will change next season.

Peter

STAN MAC

Well the Stan Mac is nearly upon us for another year. Our team has now been finalised with only team reserves now to be notified. It would be great if we could have as much support as possible on the day, the race starts at 2.00pm and it is bound to be a great contest again this year with only 30 seconds separating the two teams last year and 40 seconds the year before. We look forward to seeing you all there on the day. There will also be a reunion of past Stan Mac swimmers on the day & a band from 5.30pm to 9pm at the club after the race as we are this years hosts. All members from both clubs and their friends welcome To the 20 selected swimmers for those going to State Championships this weekend good luck and for those not going to State Champs keep swimming those KM's. We invite all past Stan Mac swimmers to be at the club next Sunday to be part of this great event and all

Grant Baldock

Team captain

AUSTRALIAN SURF LIFE SAVING CHAMPIONSHIPS – KURRAWA, QUEENSLAND – 2 to 10 APRIL 2011 COMPULSORY COMPETITORS' MEETING – THIS SUNDAY 13 MARCH 2011

All intending competitors (Masters and Opens) for this year's Australian Surf Titles at Kurrawa, Qld., are reminded that they must attend a **compulsory Team Meeting**

this coming Sunday, 13 March 2011, commencing at 3pm.

Due to education and training commitments in the Clubhouse Scenic Lounge, the meeting will now be held on the rear deck, above boatsheds.

Meeting business will include final accommodation arrangements, Team Members' Code of Conduct, issue of additional team clothing and general competition instructions.

Touring Team sponsors will be in attendance.

Any member with a valid excuse for non-attendance must contact his/her respective Section Manager before Sunday.

Signed : John Greaves, (Touring Team Manager), Rod Harvey, (Assistant Team Manager) and Grant Veckranges, (Director Surf Sports).