

## The Bondi Surfer - 9 March 2011



Golf Day - 11 March 2011

Allphones NSW Masters and Open Championships: 17-20 March 2011

Stan Mac Relay 27 March 2011

Return to Glamour 21 May 2011

Beach Road Bondi Blue Water Challenge 17 April 2011

Click on link: [Bondi Blue Water Challenge](#)

**LIFESAVING** - [lifesaving@bondisurfclub.com](mailto:lifesaving@bondisurfclub.com)

Please click on this link to see the

roster: <https://spreadsheets.google.com/ccc?key=0Av4Ie40o20FEdGVVZWJGdG16ZUpCNWixOzRMWVdqY1E&hl=en&authkey=CO2Bx5EB>

Any issues or questions please contact James Hutton [lifesaving@bondisurfclub.com](mailto:lifesaving@bondisurfclub.com)

- view the Bondi Surfer, there is a list of people currently seeking sub's

- to get on the list email [admin@bondisurfclub.com](mailto:admin@bondisurfclub.com) , with your patrol name, date, time

- or try contacting your friends

Once you have a sub or if you can't find one please email your Patrol Captain (email addresses are on the roster)

**Patrol Subs:** If you are able to help out on patrol please click on link: [SUBS NEEDED FOR PATROLS 10-11 \(3\)](#)

**COMPETITION** - [surfsports@bondisurfclub.com](mailto:surfsports@bondisurfclub.com)

**ALLPHONES NSW MASTERS AND OPEN CHAMPIONSHIPS: 17-20 March 2011**

**Accommodation is at the Peppers Salt Resort, Salt Village, Kingscliff:**

[Click Here to view the latest Salt Village News - March](#)

Good luck to all competitors.

Please make sure your competition levy has been paid and all travel arrangements have been given to the Director of Competitions: Grant Veckranges:[surfsports@bondisurfclub.com](mailto:surfsports@bondisurfclub.com)

**AUSTRALIAN SURF LIFE SAVING CHAMPIONSHIPS – KURRAWA, QUEENSLAND – 2 to 10 APRIL 2011**

**COMPULSORY COMPETITORS' MEETING – THIS SUNDAY 13 MARCH 2011**

**All intending competitors (Masters and Opens)** for this year's Australian Surf Titles at Kurrawa, Qld., are reminded that they must attend a **compulsory Team Meeting**

**this coming Sunday, 13 March 2011, commencing at 3pm.**

**Due to education and training commitments in the Clubhouse Scenic Lounge, the meeting will now be held on the rear deck, above boatsheds.**

Meeting business will include final accommodation arrangements, Team Members' Code of Conduct, issue of additional team clothing and general competition instructions.

Touring Team sponsors will be in attendance.

Any member with a valid excuse for non-attendance must contact his/her respective Section Manager before Sunday.

*Signed : John Greaves, (Touring Team Manager), Rod Harvey, (Assistant Team Manager) and Grant Veckranges, (Director Surf Sports).*

IRB NEWS:

## EDUCATION - [education@bondisurfclub.com](mailto:education@bondisurfclub.com)

### Migration to Surf

Bondi Surf Club is running a free beach safety program for adult migrants on Sunday March 20 from 10am until 1pm. Migration to Surf is designed to assist anyone unfamiliar with surf beaches, develop a greater understanding of the surf in a safe and informed way. For keen participants, there is no minimum level of swimming experience required. The course has a practical component involving a one-on-one session with a Bondi Surf Life Saver.

If you would like to volunteer on the day – or if you know anyone who might be interested in taking part in the course – please contact Chris Lorang ([Chris@devotion.com.au](mailto:Chris@devotion.com.au)) or Louise Bryant ([Bryant\\_Lou@yahoo.com](mailto:Bryant_Lou@yahoo.com)).

[Flyer: Introducing Bondi Surf Club's Migration to Surf Program](#)

### CPR

This latest guideline on CPR is just out. Have a careful read, much of the recent trend in thinking and practice is now in our guidelines.

Changes to CPR following Australian Resuscitation Council Guideline changes 110106 - final

### Courses

If you would like to complete a spinal management course or are thinking of becoming a patrol captain in the future, see the course offerings below;

SLSA Sydney listing of courses: <http://www.surflifesavingsydney.com.au/Lifesaving-and-Education/Training-Courses/>

Bondi Education Blog: <http://bondisurflifesavingeducation.blogspot.com/>

### Reminders

A few reminders, to check all your awards, patrol hours and your contact details go to [www.lifesavingonline.com.au](http://www.lifesavingonline.com.au)

We have 5 new foam boards at the club, please remember If you are going out for a board paddle on the weekend or on a public holiday, you must wear a lifesaving cap or bronze cap.

### LinkedIn

Bondi members are the heart of this club, which is why this volunteer organisation is so special. So in an attempt to bring together and network the vast professional skills of our members, we now have a professional group for the club available via LinkedIn. Jon Slack-Smith is running our first and official LinkedIn group, so join up by searching for "Bondi Surf Bathers Lifesaving Club". Then add any details to the group you like to promote your services or business. [www.linkedin.com](http://www.linkedin.com)

### Education

Blog: <http://bondisurflifesavingeducation.blogspot.com/>

**Blog**

## GENERAL CLUB NEWS

### FROM THE HOUSE MANAGER

Please be aware that new turf has been laid on the northern side(Function Room Entrance)of the surf club.Barricading will be installed around the grass for a period of 4 weeks, so please refrain from walking or placing large objects on the grass during that time.

Thanks.

Pat Moore - House Manager

### CONGRATULATIONS

To Ben Sutherland and his partner Lauren on the birth of their baby girl.

### THE BALL IS BACK! With the theme "Return to Glamour"

The Bondi SBLSC Ball will be on Saturday May 21st starting at 7pm. Venue will be announced in the next fortnight and from early interest we expect tickets to go very fast so don't leave it too long!

Tickets are \$120 though if you pay for a table of ten the cost per ticket will be \$110. Under 18s are allowed with 16 being the minimum age, tickets are \$80 for anyone that is Under 18 at the time of the ball (not the time of purchase). Your ticket covers food and alcohol till midnight. Partners and friends are welcome so invite them along. There will be music to dance to and speeches will be kept to an absolute minimum!

You can purchase from the office at the surf club by going down there or on 9300 9279. It will be a formal dress code so dress up (no, that doesn't mean you just iron your jeans!) and get your tickets before it sells out!

**Contact** Jacob Waks on [deputyresident@bondisurfclub.com](mailto:deputyresident@bondisurfclub.com) if you have any questions.

## **BONDI GOLF DAY**

3rd Annual BSBLSC Golf Day      FRIDAY 11th March 2011

St Michaels Golf Club Golf Day 2009

Registration information [BONDI SBLSC](#)

### **OFFICE :**

The Office is currently manned by Leanne Bartlett on a Monday - Wednesday and Viv Veckranges on Thursday, Friday and Sunday.

**Office hours are Monday to Friday 9am to 3pm and Sunday 9am to 12 am**

**Visors are now in stock at \$20**

## **NIPPER NEWS**

### **Face book**

If you are on Face book, why don't you join our Bondi Nippers

page?      <http://www.facebook.com/home.php?#!/pages/Bondi-Nippers/155348247824519>

## **TRAINING**

### **Surf swim training sessions**

#### **TIMES:**

Monday    6pm to 7pm

Wednesday 6am to 7am

Saturday    4pm to 5pm

**Steve de Lorenzo**

**inquiries 0422192607**

### **Craft training**

To view this weeks training program with Matt Colquhoun click on the links:

Program\_FEB\_2011\_-\_wk42[1]

Program\_FEB\_2011\_-\_wk43[1]

### **SURF RACE SEASON 2010/2011 (Week 24)**

**06/03/2011**

#### **A GRADE**

1st – Adriel Young – 2.15

2nd – Michael Hallam – 1.35

3rd – Pat Moore – 2.10

Number of starters = 25

#### **B GRADE**

1st – John Caporn – 2.50

2nd – Michael Woolley – 1.45

3rd – David Miller – 2.20

Number of starters = 19

#### **C GRADE**

1st – Rory Weste-Haldane – 2.20

2nd – Robbie McDonald – 1.30

3rd – Peter Riley – 0.00

Number of Starters - 9

#### **S GRADE**

R Tippett, S Hallam, T Hallam & L Engdahl

Number of starters = 4

Total number of starters = 57

It has happened again, Adriel has his first swim of the season and a first up. He did it with a lot of style & skill catching a wave from close to the buoy, straight to the beach, which left another youngster Michael who caught the same wave but not quite upto his skill level (but I am sure given a couple of years will be there) in his wake with Pat not that far behind.

B Grade saw another good race with John C coming through with a big contingent not far behind. Michael (another first up swimmer) was just pipped & David is looking at moving to A Grade next season with his continuing improvements, I am sure it will encourage Tom & Kylie to swim that much harder

C Grade was slotted between the other races & this went over well. Rory whose pool swimming with the Bondi ASC continues to improve and was a convincing winner in a decent surf from the back markers position.

There was actually a lot more in both C & B Grade with a number of members starting late (especially the orange caps) & not signing on.

All in all a great morning with a decent wave & continuing warm conditions; both in the water & on the beach.

As well as the usual races we will be holding the 3rd Round of the Masters Surf Race straight after the surf race. So if you are felling old and decrepit, come down & have a start. Nominations will be taken upto fifteen minutes after the last place getter returns to shore in A Grade.

See you all next week.

Doc