



THE BONDI SURFER

UPCOMING EVENTS

AGM: 24 JULY 2011

COMPETITION - surfsports@bondisurfclub.com

IRB

Ben Williams and Jamie Travers at the recent State Titles



R & R

The Bondi R&R section is looking to continue to improve its competitive standing within the competition area.

There are a number of age groups within the competition section that we are looking to build on:

Under 15s

Under 17s

Under 19s

To make up an R&R team you need 5 people. The team consists of the following:

A patient, Belt person, Reel person, 1st lines and a 2nd lines person.

In the U17s and U19s both the patients and belt swimmer have to swim to a set of cans past the break.

In the U15s there is no swimming in the water it is a dry land event with the patient and belt swimmer going into and standing at knee depth.

We are looking to put some teams on the beach for this coming season.

Our section has the longest standing tradition in the club. The R&R section constantly wins state and National championships at all level of R&R.

We have the people in the section with the knowledge and passion that will provide you with the skills and discipline to win Championships.

So if you are not a champion iron person, fastest swimmer, fastest runner or the strongest rower R&R could be the event for you.

It's a great section, close net, family orientated and love competing for our club.

So please give the R&R captain Andrew Mc Encroe a call on 0410 853 717 We would love to answer your questions.



LIFESAVING - lifesaving@bondisurfclub.com.

EDUCATION - education@bondisurfclub.com

Education Blog Blog: <http://bondisurflifesavingeducation.blogspot.com/>

Please click on the following links for these pdf's:

[Silver Medallion Advanced Emergency Care \(SMAEC\) Course July 2011](#)

[EOI Clubs – IRB Night Operations](#)

[Standard Operating Procedures-Night IRB](#)

[Trainers \(TAEDEL301A\) Instruction Course August 2011](#)

GENERAL CLUB NEWS

STACEY SIEGERT

Our thoughts and prayers are with Stacey Siegert (popular member of our Women's A surf boat crew), and partner Cameron Harvey (long service member), following Stacey being recently diagnosed with a large brain tumour. Stacey is resting at home as she prepares to shortly commence her extensive treatment regime.

Stacey and Cameron, and the Siegert and Harvey families, wish to express their sincere thanks for the many gifts and messages of support.

Good luck, Stacey!

Andy Winters
Club President

Dave Auckett
Boat Captain.

CERTIFICATES AND AWARDS

All members who have done a Bronze, Silver, Gold Medallion, First Aid course or other award in the last 3 years please collect your certificates and medals from the office.

BONDI SBLSC Clothing Sale! See price list for great discounts on club gear.

BONDI SBLSC CLOTHING SALE		
		SALE PRICE
VISORS	\$20.00	\$15.00
CAPS	\$25.00	\$15.00
MEN'S SINGLETS	\$25.00	\$15.00
MEN'S T-SHIRTS	\$30.00	\$18.00
MEN'S POLO	\$50.00	\$35.00
MEN'S HOODIE (Limited Stock/Sizes)	\$70.00	\$45.00
LADIES T-SHIRT	\$30.00	\$18.00
LADIES POLO	\$50.00	\$30.00
LADIES HOODIE	\$70.00	\$45.00

OFFICE :

Office hours are Monday to Friday 9am to 3pm and Sunday 9am to 12 am

NIPPER NEWS - nippers@bondisurfclub.com

TRAINING

Ski Training for Beginners starts Sunday, 1st May 2011 at 7.30am.
Meet at Clubhouse. Also Wednesdays at 4.00pm from 4th May 2011.
Please call Matt Colquhoun on 0414 234 452 if you have any questions.
- All Welcome!

SURF RACE (week)