



THE BONDI SURFER

UPCOMING EVENTS

20 August 2011 – Meet the new Coach – Darren Schott Scenic Lounge 5pm BBQ all welcome
[Click here for The Bondi week 2 Training Plan](#)

21 August 2011 – Education Meeting – 2pm
10 September 2011 – Gear Inspection

COMPETITION - surfsports@bondisurfclub.com

BONDI AMERICAN SETS POOL RESCUE WORLD MASTERS RECORD



SURF SPORTS, Saturday, August 13: American-born **Dori Miller**, who has only been a Bondi lifesaver for two years, today set a new World Masters Record in the 200m obstacle swim at Surf Life Saving Australia's Pool Rescue Championships at the Australian Institute of Sport.

The former marathon and college swimmer, who has conquered The English Channel swim on two separate occasions, clocked a time of 2 minutes 27.15 to take just over a second off the previous 40-44 Years Masters mark of 2:28.16 set by Ireland's Norma Cahill in Berlin in 2008.

"Today was the first time I have actually competed in that race. It was really tough," revealed the Bondi Surf Bathers Life Saving Club member.

"I have been training for some time for these Championships but it has been quite difficult to replicate the actual obstacles so I can't believe that I have broken a world record!"

This race involves swimming the 200m course in freestyle passing eight times under immersed obstacles.

Miller moved to Sydney for work two years ago and joined the surf life saving movement after hearing about it through friends in Bondi. "I hadn't really been aware of surf lifesaving before arriving in Sydney," she said.

"It is the perfect way for me to embrace the Australian lifestyle though I have to say, I am more comfortable on the blocks than in the surf. I passed my bronze medallion last year and look forward to competing at the NSW State Titles, Australian Surf Life Saving Championships and Rescue 2012 (Worlds) next year."

Dave Thompson, SLSA General Manager Sport, was amazed by Dori's swim. "It was a phenomenal effort by someone who hadn't raced the obstacle swim before," he said.

"We have contacted the ILS and Asada to go through the official channels to have the record recognised

DORI WON 4 MEDALS IN TOTAL – WELL DONE!

ADRIEL YOUNG IN AMERICA

TOP 10 OPEN COMPETITORS (Male). (after 27 events):

Name: Chapter: POINTS:

1. NEWBIGGIN, DYLAN Destin 45.25
2. MURPHY, BRIAN Los Angeles County Lifeguard Assoc 42.25
3. NUNNALLY, MATTHEW Monmouth County Chapter NJ 40.25
4. **YOUNG, ADRIEL Destin 33.25**
5. JAEGER, CONNOR Monmouth County Chapter NJ 31
6. MALOY, JOHN South Jersey 30
7. MARSH, WAYDE Sussex County DE 20.5
8. MORGAN, TYLER Los Angeles County Lifeguard Assoc 19.5
9. MONROE, JEFF Los Angeles County Lifeguard Assoc 18.5
10. CARVIN, CHAD Los Angeles County Lifeguard Assoc 18.25

Young, Adriel

Open Mens Board Race

Final Results @ 8:45:33 PM 9/8/11

4 Young, Adriel Destin 8

Open Mens Surf Ski Race

Final Results @ 6:10:41 PM 6/8/11

1 Young, Adriel Destin 12

Open Mens Ironman

Final Results @ 5:26:13 PM 5/8/11

3 Young, Adriel Destin

Opens Taplin

1 Destin A

TURNER, Luke; NEWBIGGIN, Dylan; KRAMER, Matthew; YOUNG, Adriel; 12

WELL DONE ADRIEL!

WELCOME TO NEW COACH – DARREN SCHOTT

A big Welcome to Darren Schott our new Board and Ski coach. Darren has a long history of lifesaving successes and currently has two of his competitors up at the top of the Kellogs Nutri Grain series. Please join in with the training sessions, this extends to juniors, seniors and Masters. There is a welcome Barbeque on Saturday at 5 pm please advise the office on your attendance to facilitate with catering.

Club Championship dates to diarise for juniors, seniors and masters are; 6/11/11, 29/01/12 and 18/03/12

RACKS 2011/12

The BSBLSC Craft Room is only for the storing of club and club approved members surf life saving competition specified Racing Mals and Surf Skis and carnival support equipment. Only current competitors may store their personal surf skis and boards (racing mals) if the equipment is being used within current surf life saving competitions. All approvals are at the discretion of the Board Captain and Ski Captain.

The craft room is NOT for storing of all other equipment, such as surf boards, wetsuits, bikes, ocean kayaks/skis, and other training equipment. Any un-approved equipment will be removed.

Notable exception: Current Surf Board racks along the doorway opening are part of a prior club management approval. These racks incur an annual fee of \$50/\$100 for Members and Associates, respectively. The relative rack position is only for the use of the previously approved member and will become forfeit if annual fees are not paid. These racks are not transferrable to any other members and will become part of the competition ski and board storage system once forfeited or relinquished by the approved member.

The craft room itself will soon be placed on the Clubs Tag system and only approved members will have access.

Regards
Board Captain, Ski Captain and BOM

LIFESAVING - lifesaving@bondisurfclub.com.

EDUCATION - education@bondisurfclub.com

Dear valued members,

You are invited to attend our 2011/2012 season launch Education meeting, taking place on SUNDAY August 21 at 2pm upstairs in the Scenic Lounge.

All new and experienced instructors and anyone else interested in helping out the Education team this season, are encouraged to attend.

If you would like be involved in the Bronze Medallion, Gold Medallion, Migration to Surf, The School Program, Higher Awards and Instructor Training – please come along.

Assessors Course

Assessors Course – August 2011 Registrations close 11th August 2011 at Branch office

Education Blog Blog: <http://bondisurflifesavingeducation.blogspot.com/>

GENERAL CLUB NEWS

Hi,

Well with just on five days to go until I leave the shores of Fiji, I would like to thank everyone who has donated and shown their support for Christchurch. With over \$6000 raised to date, we have exceeded the target of \$5000 and the people of Christchurch are going to receive over \$13,000 thanks to the Macquarie Foundation matching dollar for dollar.

Because I have to endure the 10-12 hour swim on Wednesday 24th August, I thought I would take all of you along for the ride (swim). Admittedly, you won't get to eat the gels, jelly & fruit, honey sandwiches and drink the cans of diet coke along the way but you can all follow my progress.

The following link will show you where I am between the two islands and it updates every 10 minutes.

[Louise swims Fiji Double Crossing](#)

If you would still like to support the Christchurch community who have lost so much then please click on the following web page:

<http://www.fundraiseonline.co.nz/LouiseStevenson/>

Once again, thanks so much for all your support and well wishes it has been unbelievable.

MEMBERSHIP FEES ARE NOW OVERDUE.

Go to www.lifesavingonline.com.au to pay or contact the office with any queries as tags will be cut off at the end of August 2011

CERTIFICATES AND AWARDS

All members who have done a Bronze, Silver, Gold Medallion, First Aid course or other award in the last 3 years please collect your certificates and medals from the office.

BONDI SBLSC Clothing Sale! See price list for great discounts on club gear.

		SALE PRICE
VISORS	\$20.00	\$15.00
CAPS	\$25.00	\$15.00
MEN'S SINGLETS	\$25.00	\$15.00
MEN'S T-SHIRTS	\$30.00	\$18.00
MEN'S POLO	\$50.00	\$35.00
LADIES T-SHIRT	\$30.00	\$18.00
LADIES POLO	\$50.00	\$30.00
LADIES HOODIE	\$70.00	\$45.00

OFFICE:

Office hours are Monday to Friday 9am to 3pm and Sunday 9am to 12 am

NIPPER NEWS - nippers@bondisurfclub.com

Welcome to the 2011/2012 Nipper Season!

REGISTRATIONS

Dear Nipper Families

Hard to believe but it's time to start thinking about Nippers again, with registrations starting at the end of August and the first day of Nippers in October.

This year we will keep you up-to-date with regular e-mails, so please make sure you give us your current e-mail address and advise us if your e-mail changes. In a similar way, please keep your mobile phone contact number up to date too.

For those who don't use e-mail, all notes and hard copies of e-mails will be on display on the Nipper noticeboard, just outside the Nipper room inside the clubhouse.

Please visit the website www.bondisurfclub.com and go to the Nippers section, as it explains all you have to do to register both returning and new Nippers for the forthcoming season.

This year, there will be three registration days – Sunday, 28th August (for returning Nippers only), Saturday, 10th September (for new and returning Nippers) and Sunday, 18th September (again, new and returning Nippers).

Due to restrictions on numbers, there is no guarantee registrations on all these dates will be accepted. Numbers in each age group are limited.

Bondi Nippers will commence at 9 am on Sunday, 9th October 2011 for U8's to U14's.

Nippers will start on 16th October for U6 and U7's (9am).

BONDI NIPPER PARENT VOLUNTEER POLICY

Assistance with the running of Nippers, through training, water safety, officiating, coaching, fundraising, BBQ's and all of our activities is more than welcome - **it is essential!**

Without the help of parents, our program simply does not function. Over the last few years, we have seen a sharp decline in the number of parents volunteering their time on Sunday mornings. We have now had to adopt a new policy, in order to secure a volunteer work force, and continued success of our Nipper program. This policy has been adopted by a number of clubs in our area which face the same issues we are encountering at Bondi Nippers.

From the start of the 2011/2012 Bondi Nipper season, no child will be registered in our program unless one parent/guardian commits to one of the many positions required every Sunday morning.

Special circumstances will be assessed on an individual basis by the Director of Juniors.

Slipstream are having an Amazing Huge Board Sale!!!

Slipstream is having a massive winter warmer sale! Their boards are the best, and the prices can't be beaten! Get in quick to make sure you take advantage of the great savings. We encourage all to get & use their own Nipper Boards.

[http://www.oo.com.au/Slipstream Surf C3617.cfm](http://www.oo.com.au/Slipstream_Surf_C3617.cfm)

CLUB TRAINING

Swimming: Contact Steve De Lorenzo

Board and Ski Training: Darren Schott

Tue16/8-5pmGym

Thu18/8-5pmGym

Sat20/8-8am Ski-9am Board Rose Bay-bring craft if able

Sun21/8-8am Ski-9am Board Rose Bay-bring craft if able

Land Training with Simon Watkins every Tuesday at 6.30pm. Meet outside the club house. Non members can join in for \$10

SURF RACE (week)