



# THE BONDI SURFER

## UPCOMING EVENTS

- 24 September 2011 – Patrols start
- 25 September 2011 – Club Handicap Surf Race
- 2 October 2011 – First Proficiency 11am @ BSLSC
- 9 October 2011 - Bronze Course 2 Induction
- 6 November 2011 – Club Champo’s round one

**Captain’s Club Launch for season 11/12.**

[Click Here to view the PDF](#)

**COMPETITION** - [surfsports@bondisurfclub.com](mailto:surfsports@bondisurfclub.com)

**Club Championship dates to diarise for juniors, seniors and masters are; 6/11/11, 29/01/12 and 18/03/12**

## IRB NEWS

Jill has now contacted those drivers and crew we know about to let them know of their duties this coming season. If you are a driver or crew and have not heard from Jill, e-mail her on the address below. Likewise let her know of any anomalies or stuff-ups so they can be corrected.

The crew course which is to start on October 15 is filling up so let John or Eamon know if you want to sign up. We do have a limit on numbers so get in soon!

### Contacts for IRB are as follows:

- IRB Captain – official matters and enquiries regarding coverage for special events etc. – Ben Williams: [bondiirbcaptain@gmail.com](mailto:bondiirbcaptain@gmail.com)
- Education – John de Launey and Eamon o’Hainin: [bondiirbeducation@gmail.com](mailto:bondiirbeducation@gmail.com)
- Patrol/rosters and organizational – Jill Boyle: [bondiirbpatrol@gmail.com](mailto:bondiirbpatrol@gmail.com)
- Competition and fermented beverage matters – Mark Travers: [bondiirbracing@gmail.com](mailto:bondiirbracing@gmail.com)

**LIFESAVING** - [lifesaving@bondisurfclub.com](mailto:lifesaving@bondisurfclub.com)

The first patrols are on the beach this weekend.

Remember the Sunday start times are one hour earlier than the Saturday ones, 10am and 9am respectively. The patrol times include an earlier and later buffer to get equipment organized. We operate under a Lifesaving Service Agreement (LSA), in which we commit to patrolling between certain hours. We must be signed on before the patrol start time, and must be patrolling until after the sign-off time.

A critical part of our lifesaving resource is the IRB, and it would be fantastic if the patrols can lend assistance to the IRB team to help get them on and off the beach. We should take pride this season to always have the IRB signed on at the same time as the patrol. Bondi is a busy beach, and we are a professional club. All other Sydney branch clubs hear sign-on and sign-off times as they happen, let’s not be the ones signing on without our IRB.

24-Sep	9:30	13:15	Saturday am	<b>Craven</b>
24-Sep	12:45	16:15	Saturday pm	<b>Jeppesen</b>
25-Sep	8:30	13:15	Sunday am	<b>Ormsby</b>

### **Radio channel changes**

There will be a laminated sheet available on patrol to remind everyone what is happening here, but in brief, there is only really one change that impact patrols.

In the past, we used channel 9 'Beach' for all our local (line of sight) inter-patrol beach radio communications. And the patrol captain used the repeater channel 3 'SurfCom' to talk with the SurfCom radio base, which all other Sydney branch clubs would hear.

This season, all patrol radios will use channel 2 'Patrol' for inter-patrol beach communications. Channel 9 is no longer used for this. That's the main change.

Please refer to the laminated sheet on patrol for more detail if required.

### **Visit to the SurfCom radio base, La Perouse**

On October 2<sup>nd</sup> at 12pm there is a meeting at SurfCom for the club radio officers. I will be going along as Bondi's radio officer. SurfCom is located at the Westpac Lifesaver helicopter base at La Perouse.

The invitation has been extended to other interested club members; I'm thinking in particular those that would like to get involved in working with club radios, or maybe even training to do the Silver Medallion Radio Officer. Further training could then see them helping out at SurfCom, and operating this key support operation, without which we can't patrol.

In any case, if you would like to help me out with our club radios this season, please contact me on the lifesaving email address above. I would like to train up a few other people that are interested in this important club lifesaving equipment.

### **Patrol log book**

There will be two log books this season. One for the patrol and one for water safety. Please make sure you sign on and off in the correct one.

*Some points.* Do not put your name below the lined area if there is no more space. Use the next page. Write clearly, if your scribble can't be read, you won't get the patrol hours. Times are in increments of 15 minutes. Don't go lower than that.

And really make sure that you identify the patrol type correctly, such as Rostered, Voluntary, Swap, Make up etc. I'll put a laminated sheet in the log books to help with this.

### **Patrol rosters**

These are available on-line at this link

<https://docs.google.com/spreadsheet/ccc?authkey=CO2Bx5EB&key=0Av4Ie40o20FEEdGVVZWJGdG16ZUpCNWixQzRMWVdqY1E&hl=en&authkey=CO2Bx5EB#gid=0>

This is an active document, and changes regularly. Please link to it and find out the information that you need.

### **Patrol swaps**

If you can't make a patrol, it's your responsibility to set up a patrol swap, and confirm the details of that. You can of course make contact with others through a number of different means, such as Facebook, email, or contact with other club members.

The club office can also put your request in the Bondi Surfer, either as a request, or finalized as an arrangement. Close off for getting information to the office for Bondi Surfer inclusion is 1pm on Wednesday.

Note that just getting your request in the Surfer doesn't end your responsibility to get a swap in place.

To perhaps assist with initiating a match between two people that need swaps, I'd like to suggest putting your requests up on a web based document (a bit like the read-only Patrol Roster). This document however can be edited by anyone. Once you have made contact on there, you can communicate (email, Facebook etc.) to finalize details, and post it back on the document. Then provide these details to the office, who will publish them in the Surfer.

The link to the document is here

[https://docs.google.com/spreadsheet/ccc?key=0Aq7BLFD8ltM5dDZCbjVCWUgwSU52anRsVnRxQ3VuV0E&hl=en\\_US#gid=0](https://docs.google.com/spreadsheet/ccc?key=0Aq7BLFD8ltM5dDZCbjVCWUgwSU52anRsVnRxQ3VuV0E&hl=en_US#gid=0)

Please start using it, and give me any feedback.

See you on the beach!

Charles Cotton

SUBS NEEDED FOR PATROLS 10-11						
Patrol Name	Date	Day	Time	Sub For	Subs Name	Contact
Craven	25-Sep-11	Sunday	12.45pm-16.15pm	Melissa Leslie		MLeslie@gtlaw.com.au
Nightingale	03-Oct-11	Monday	8.30am – 13.15pm	Sally Harding		0467 719 979 or Sally.Harding@lendlease.com
Craven	09-Oct-11	Sunday	12.45pm-16.15pm	Meg Achilles		0421591008 or <a href="mailto:meg.achilles@sigginsmiller.com.au">meg.achilles@sigginsmiller.com.au</a>
Besomo	01-Jan-12	Sunday	7.30am – 13.15pm	JP Buhagiar		<a href="mailto:jpbehagiar3079@gmail.com">jpbehagiar3079@gmail.com</a> or 0408 64 64 60
Besomo	21-Jan-12	Saturday	12.45pm - 18.15pm	JP Buhagiar		<a href="mailto:jpbehagiar3079@gmail.com">jpbehagiar3079@gmail.com</a> or 0408 64 64 60
Besomo	11-Feb-12	Saturday	8.30am-13.15pm	JP Buhagiar		<a href="mailto:jpbehagiar3079@gmail.com">jpbehagiar3079@gmail.com</a> or 0408 64 64 60
Besomo	03-Mar-12	Saturday	12.45pm - 18.15pm	JP Buhagiar		<a href="mailto:jpbehagiar3079@gmail.com">jpbehagiar3079@gmail.com</a> or 0408 64 64 60
Besomo	25-Mar-12	Sunday	7.30am – 13.15pm	JP Buhagiar		<a href="mailto:jpbehagiar3079@gmail.com">jpbehagiar3079@gmail.com</a> or 0408 64 64 60
Besomo	09-Apr-12	Monday	12.45pm-16.15pm	JP Buhagiar		<a href="mailto:jpbehagiar3079@gmail.com">jpbehagiar3079@gmail.com</a> or 0408 64 64 60

### **EDUCATION** - [education@bondisurfclub.com](mailto:education@bondisurfclub.com)

In Education news, Bondi's first Bronze course kicks off on Sunday September 18.

The first group of Bronzies, appropriately called "The Bondi Icebreakers", will be led by super instructors Paul Capper, Karuna Elliott, Chris Bennett and Matt Brewer. Be sure to say g'day when you are next down at the beach.

Our next induction dates are:

- Bronze Course 2: October 9, 2011
- Bronze Course 3: November 13, 2011
- Bronze Course 4: January 22, 2012
- Bronze Course 5: February 5, 2012

Becoming a Bondi lifesaver is a fun and rewarding experience so spread the word amongst friends, family and work colleagues. Anyone interested in signing up, can register via the office.

#### EDUCATION BLOG:

<http://bondisurflifesavingeducation.blogspot.com/>

## GENERAL CLUB NEWS

### MEMBERSHIP FEES ARE NOW OVERDUE.

Go to [www.lifesavingonline.com.au](http://www.lifesavingonline.com.au) to pay or contact the office with any queries as tags will be cut off at the end of August 2011

### CERTIFICATES AND AWARDS

All members who have done a Bronze, Silver, Gold Medallion, First Aid course or other award in the last 3 years please collect your certificates and medals from the office.

### OFFICE:

Office hours are Monday to Friday 9am to 3pm and Sunday 9am to 12 am



**WAIROA**  
**Sportsmen's Lunch**

**Friday 30th Sep 12.30pm / \$75.00 per person**

**Email: [pete@beachroadbondi.com.au](mailto:pete@beachroadbondi.com.au)**  
**or call Sarah on 9365 4569**



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*an individual journey in education*

## **CLUB TRAINING**

**Swimming:** Contact Steve De Lorenzo

**BONDI SKI/BOARD TRAINING PLAN:** Darren Schott

Wednesday afternoons 5pm - board or boxing and  
Sunday morning Board at 8am and Ski at 9am.

Tuesday 6pm, general/gym/erg Grant 6.30

Thursday 6 pm general/gym/erg

Sat 2.30pm long paddle Grant

**Land Training** with Simon Watkins every Tuesday at 6.30pm. Meet outside the club house.  
Non-members can join in for \$10

## **SURF RACE**

***SURF RACE SEASON 2011 20122 (preview to week 1 & beyond)***

Another season has already been placed in the starters hands & the gun goes off for our first race of the season at **10.30 AM** (as per advice from the Board) on **Sunday 25<sup>th</sup> September**.

As always it will be a fun swim with double points to get the season off to a great start. I will be missing the first race due to being on my way home from Turkey, Raewyn will be down as always & will be running the show.

Always the optimist, I look forward to a great season, where all classes of members come down; race seriously, have a paddle or just watch. We would love to see you all attending each week or at least as often as possible.

The races are a great way to improving your surf skills by participating & watching some our greats go around. I still marvel at Kieran & others, who make it look so easy & enjoy the occasion win against them, which is always possible in handicapped surf racing.

Last season a number of Nippers competed & they are most welcome to come down & have a go, as are their parents.

Remember it's all about being a part of a great tradition that holds as true today as it did when I joined as a Cadet all those years ago in season 63/64.

I have included how points are allocated. You will not that it is geared for regular attendance & I make no bones about wanting your there as often as possible.

Many of our Members are or were members of Bondi Amateur Swimming Club & I have attached two fliers, respect to their activities.

The first is about the coming season & the second with respect to their 120 season activities, which will see a number of our prominent members MC'g the end of season night. Hopefully we will see a lot of our members present.

Don't forget to mark your calendar from the 25<sup>th</sup> September for the next 30 odd weeks for an enjoyable start to the day with Bondi Surf Bathers' Life Saving Club's Surf Race

Cheers

Doc

### **SURF RACE GUIDELINES**

Time Adjustments

Increases

1<sup>st</sup> place – time increases by 40 seconds

2<sup>nd</sup> place – time increases by 30 seconds

3<sup>rd</sup> place – time increases by 20 seconds

Should the same person win 2 weeks in a row, their time increases by 1 minute. If they win 3 weeks

in a row, their time increases by 2 minutes

#### Reductions

This starts from the first race of the season and re-starts the week after obtaining a place.

No place for 4 swims in a row – time decreases by 15 seconds

No place obtained in 6 weeks and having done 4 swims in this time – time decreases by 10 seconds

No place obtained in 7 weeks or more and having done 4 swims in this time – time decreases by 5 seconds