



THE BONDI SURFER

UPCOMING EVENTS

- 10 September 2011 – Gear Inspection
- 10 September 2011 – Opening Season Party – Under the sea 7.30pm – tickets from office
- 11 September 2011 – First Bronze Induction
- 6 October 2011 – Club Champo's round one

COMPETITION - surfsports@bondisurfclub.com

Club Championship dates to diarise for juniors, seniors and masters are; 6/11/11, 29/01/12 and 18/03/12

IRB

BONDI IRB NEWS

Bondi IRB division is already actively preparing for the 2011-12 season, having had a very active off-season busy with both competition and also routine maintenance of engines, boats and equipment

IRB Competition

Mark Travers has guided his aspiring, largely young, team of competitors through the winter, competing with spirit in District, State and National carnivals.

An East Coast low pressure system made the States at Woolgoolga on the mid-North coast a frigid affair with huge seas and torrential rain. But we put in courageous performances, reaching a creditable stage in poor conditions. The Nationals at Glenelg in Adelaide were a contrast – mill-pond calm conditions and clear blue skies. The small contingent we sent (Ben Williams, Jamie Travers, Jill Boyle and Emily Smith) reached the quarter finals and found the new competition engine and prop performed beautifully.

A highlight of the year was the Silver Medal in the Novice Mass Rescue for the State – this was awarded for combined scores over four separate rounds, and represents a great achievement in consistency of results. Emily, Jamie, Ben, Mark, Jaye Moore and Claire Cook formed the team that won Silver. Well done guys!



IRB Education

John de Launey and Eamon O'Hainin will be starting the first IRB Crew training course for the season on Saturday October 15. Anyone interested in this course should let the trainers know in advance. E-mail John and Eamon on bondiirbeducation@gmail.com and they'll get you started.

Training is generally at 07:00 on Saturday mornings, starting at the IRB shed. The course usually lasts about 5 to 6 weeks, depending on the prevailing conditions; you'll not only pick up a worthwhile higher qualification, but learn some extremely useful surf skills and have a truckload of fun. Initiation into the mysteries of IRB such as the Sacred Beer Fridge and the Holy Rollover can be a turning point in a young cubbies' life.

If there are any members who have either a driver's or crew's qualification that they have let go dormant, please think about re-activating your old skills – we can organize a refresher for you and get you through the IRB Proficiency then back into active participation in the division. If you have moved to Bondi from another club and have an IRB certification, let IRB Captain Ben Williams know by e-mail on bondiirbcaptain@gmail.com and he'll welcome you.

New IRB Captain

Speaking of Ben Williams, we are proud to have Ben as our new IRB Captain after the retirement of Bob Leys. Ben is originally from New Zealand, where he was both a Surf Lifesaver/IRB driver and also a professional Lifeguard, so IRB will be in good hands. Bob Leys transformed IRB at Bondi and we are grateful for the huge amount of effort he put in over the last few years to up-skill and organize the division. Bob is staying on as our Branch Liaison and we wish him well.

Proficiencies and Patrols

Jill Boyle will shortly release patrol allocations for crew and drivers and these will be e-mailed to individuals. Ben will publicize proficiency dates when assessors have been organized.

General club matters and Bondi IRB

IRB are here to serve the club as well as the public on the beach – we continue to provide water safety for club events and ocean swims, Stan Mac, nippers, and from time to time to do escorts, ashes scattering and publicity displays. This kind of thing is always possible but please gives Ben plenty of warning when it's required, so we can organize boats, motors and drivers for your event.

See you on the water!

LIFESAVING - lifesaving@bondisurfclub.com

E mails have been sent out with your patrol rosters. Contact the office or Charles Cotton if you have any questions.

EDUCATION - education@bondisurfclub.com

Bondi Education 2011 - 2012

Induction, Bronze & Higher Award course start dates

Inductions

Bronze 10.30am Sunday 11th September 2011

Bronze 10.30am Sunday 9th October 2011

Bronze 10.30am Sunday 13th November 2011

Bronze 10.30am Sunday 22nd January 2012

Bronze 10.30am Sunday 5th February 2012

Bronze Start Dates

Sunday 18th September 2011

Wednesday nights

7-9pm

Senior First Aid

Saturday 8th October 2011

8.30am – 5pm

ARCT

15th - 16th October 2011

8am – 4pm

18th & 20th October 2011

6.30pm - 9pm

16th October 2011

Tuesday nights

7-9pm

Saturday 5th November 2011

8.30am – 5pm

12th - 13th Nov 2011

8am – 4pm

15th & 17th Nov 2011

6.30pm – 9pm

20th November 2011 8am – 4pm Wednesday nights	Saturday 10 th Dec 2011 8.30am – 5pm	14th - 15th Jan 2012 17th & 19th Jan 2012 6.30pm – 9pm
29th January 2012 Tuesday nights	Saturday 18th Feb 2012 8.30am – 5pm	25th - 26th Feb 2012 8am – 4pm. 28th Feb & 1st Mar 6.30pm – 9pm
12th February 2011 Wednesday nights	Sat 3rd March 2012 8.30am – 5pm	10th - 11th Mar 2012 & 15th March 6.30pm – 9pm 8am – 4pm 13th

Class sizes will be limited to 22 max for Bronze, SFA and ARCT.

Education Blog Blog: <http://bondisurflifesavingeducation.blogspot.com/>

GENERAL CLUB NEWS

MEMBERSHIP FEES ARE NOW OVERDUE.

Go to www.lifesavingonline.com.au to pay or contact the office with any queries as tags will be cut off at the end of August 2011

CERTIFICATES AND AWARDS

All members who have done a Bronze, Silver, Gold Medallion, First Aid course or other award in the last 3 years please collect your certificates and medals from the office.

OFFICE:

Office hours are Monday to Friday 9am to 3pm and Sunday 9am to 12 am

NIPPER NEWS - nippers@bondisurfclub.com

Welcome to the 2011/2012 Nipper Season!!!

REGISTRATIONS

Dear Nipper Families

There are two more registration days – Saturday 10th September 12.30pm – 2.30pm (for new and returning Nippers) and Sunday, 18th September 12.30pm – 2.30pm (again, new and returning Nippers). Please refer to the “How to Join” tab, in the Nippers section of our website, for all registration information. www.bondisurfclub.com

Please read all information regarding registration to ensure your child does not miss out on a spot! If your child is required to participate in preliminary evaluation proficiency, make sure they do so BEFORE YOU HAND IN THE PAPERWORK AT THE CLUB!!! Swims are being held at the Swiss Grand Pool.

Also, please be aware, that until all swims & forms are completed, your child will not be registered!!!

This year we will keep you up-to-date with regular e-mails, so please make sure you give us your current e-mail address and advise us if your e-mail changes. In a similar way, please keep your mobile phone contact number up to date too.

For those who don't use e-mail, all notes and hard copies of e-mails will be on display on the Nipper noticeboard, just outside the Nipper room inside the clubhouse.

Please visit the website www.bondisurfclub.com and go to the Nippers section, as it explains all you have to do to register both returning and new Nippers for the forthcoming season.

This year, there will be three registration days – Sunday, 28th August (for returning Nippers only), Saturday, 10th September (for new and returning Nippers) and Sunday, 18th September (again, new and returning Nippers).

Due to restrictions on numbers, there is no guarantee registrations on all these dates will be accepted. Numbers in each age group are limited.

Bondi Nippers will commence at 9 am on Sunday, 9th October 2011 for U8's to U14's.

Nippers will start on 16th October for U6 and U7's (9am).

BONDI NIPPER PARENT VOLUNTEER POLICY

Assistance with the running of Nippers, through training, water safety, officiating, coaching, fundraising, BBQ's and all of our activities is more than welcome - **it is essential!**

Without the help of parents, our program simply does not function. Over the last few years, we have seen a sharp decline in the number of parents volunteering their time on Sunday mornings. We have now had to adopt a new policy, in order to secure a volunteer work force, and continued success of our Nipper program. This policy has been adopted by a number of clubs in our area which face the same issues we are encountering at Bondi Nippers.

From the start of the 2011/2012 Bondi Nipper season, no child will be registered in our program unless one parent/guardian commits to one of the many positions required every Sunday morning.

Special circumstances will be assessed on an individual basis by the Director of Juniors.

Slipstream is having an Amazing Huge Board Sale!!!

Slipstream is having a massive winter warmer sale! Their boards are the best, and the prices can't be beaten! Get in quick to make sure you take advantage of the great savings. We encourage all to get & use their own Nipper Boards.

http://www.oo.com.au/Slipstream_Surf_C3617.cfm

CLUB TRAINING

Swimming: Contact Steve De Lorenzo

BONDI SKI/BOARD TRAINING PLAN: Darren Schott

20/8/11-11/9/11

SATURDAY 20/8	SUNDAY 21/8	MONDAY 22/8	WEDNESDAY 23/8	SATURDAY 27/8	SUNDAY 28/8	MONDAY 29/8
Rose Bay 8am Ski 9am Board	Rose Bay 8am Ski 9am Board	Bondi 5pm Boxing/run	Bondi 5pm Gym	TBA	TBA	Bondi 4.30pm Board/Gym
WEDNESDAY 31/8	SATURDAY 3/9	SUNDAY 4/9	MONDAY 5/9	WEDNESDAY 7/9	SATURDAY 10/9	SUNDAY 11/9
Bondi 5pm Gym	Rose Bay 8am Ski 9am Board	Bondi 8am Ski 9am Board	Bondi 5pm Boxing/run	Bondi 5pm Gym	Rose Bay 8am Ski 9am Board	Bondi 8am Ski 9am Board

Land Training with Simon Watkins every Tuesday at 6.30pm. Meet outside the club house.

Non-members can join in for \$10

SURF RACE

SURF RACE SEASON 2011 20122 (preview to week 1 & beyond)

Another season has already been placed in the starters hands & the gun goes off for our first race of the season at **10.30 AM** (as per advice from the Board) on **Sunday 25th September**.

As always it will be a fun swim with double points to get the season off to a great start. I will be missing the first race due to being on my way home from Turkey, Raewyn will be down as always & will be running the show.

Always the optimist, I look forward to a great season, where all classes of members come down; race seriously, have a paddle or just watch. We would love to see you all attending each week or at least as often as possible.

The races are a great way to improving your surf skills by participating & watching some our greats go around. I still marvel at Kieran & others, who make it look so easy & enjoy the occasion win against them, which is always possible in handicapped surf racing.

Last season a number of Nippers competed & they are most welcome to come down & have a go, as are their parents.

Remember it's all about being a part of a great tradition that holds as true today as it did when I joined as a Cadet all those years ago in season 63/64.

I have included how points are allocated. You will not that it is geared for regular attendance & I make no bones about wanting your there as often as possible.

Many of our Members are or were members of Bondi Amateur Swimming Club & I have attached two fliers, respect to their activities.

The first is about the coming season & the second with respect to their 120 season activities, which will see a number of our prominent members MC'g the end of season night. Hopefully we will see a lot of our members present.

Don't forget to mark your calendar from the 25th September for the next 30 odd weeks for an enjoyable start to the day with Bondi Surf Bathers' Life Saving Club's Surf Race

Cheers

Doc

SURF RACE GUIDELINES

Time Adjustments

Increases

1st place – time increases by 40 seconds

2nd place – time increases by 30 seconds

3rd place – time increases by 20 seconds

Should the same person win 2 weeks in a row, their time increases by 1 minute. If they win 3 weeks in a row, their time increases by 2 minutes

Reductions

This starts from the first race of the season and re-starts the week after obtaining a place.

No place for 4 swims in a row – time decreases by 15 seconds

No place obtained in 6 weeks and having done 4 swims in this time – time decreases by 10 seconds

No place obtained in 7 weeks or more and having done 4 swims in this time – time decreases by 5 seconds

Do you want to experience the thrill racing against your peers?

Do you want your children to learn to swim without the expense?

Want to get back into shape this summer?

This club welcomes anyone looking to enjoy some friendly and fun competition. It's suitable for all ages and abilities and don't worry if you're a non-swimming parent, we'll find a job for you. You can be as much, or as little involved as you choose.

Join us on Saturdays 9am to 11 am from first weekend in October until 31st March 2012. Races from 25m to 400m are handicapped. A presentation is held at the end of the season with many awards and trophies for the swimmers achievements.

We also offer FREE learn to swim classes for members at 8am to 9am every Saturday from November until March. AUSTSWIM instructors teach children aged 5 and up in a friendly and fun environment at Bondi Baths (Icebergs) Pool.

So, looking for a reason to get out of bed on a Saturday morning? Then come down to Bondi Baths, if not for the exercise then come for the social side, the million-dollar view is thrown in for free.

For more information please contact Sandra Hallam on 0407145719

August 2011

Telephone contacts:

Sandra Hallam 9130 5082 (h) 0407145719

Marge Keeble 9398 4925

Peter Quartly 9320 2722 (w) after the 26th September

Email address bondiasc@gmail.com

Dear "Past" Member,

In just three months we will be commencing the 120th year of operation of the Bondi Amateur Swimming Club

We hope to hold various functions throughout the 2011-2012 season, to encourage our present members, to make everyone aware of our activities, to boast of our achievements and to enjoy ourselves. Then of course, the year will culminate in our 120th birthday party to be held at Coogee Crowne Plaza, on Saturday 14th April, 2012.

At present I am trying to locate as many of our "past" members as I can. If you are in contact with any other past members please ask them to contact me, or let me know their names and present addresses so I can contact them.

Any ideas or suggestions for activities during this important year would be appreciated.

I look forward to your early reply.

Yours sincerely,

Sandra