



THE BONDI SURFER



UPCOMING EVENTS

SATURDAY 12TH NOVEMBER: Cronulla Open Carnival

SUNDAY 13TH NOVEMBER: Club Championships

SUNDAY 13TH NOVEMBER: Next Bronze Induction

SATURDAY 19TH NOVEMBER: Freshwater Masters Carnival

SUNDAY 20TH NOVEMBER: Summer Launch Party (see social news)

FRIDAY 2ND DECEMBER: Veterans Day lunch (Midday)

EDUCATION

2011 PROFICIENCY DATES

Proficiencies this weekend are:

Saturday November 12 at 8am - IRB Crew and Drivers

Sunday November 13 at 11am - Bronze and Spinal

DATE	TIME	AWARD
Saturday 12 th November	8am	IRB
Sunday 13 th November	11am	Bronze and Spinal
Tuesday 15 th November	7pm	ARTC
Sunday 27 th November	8am 11am	IRB Bronze + Spinal
Tuesday 29 th November	7pm	ARTC
Sunday 4 th December	11am	Bronze + Spinal

INDUCTION FOR NEW LIFESAVERS – SUNDAY NOVEMBER 13

Bondi's next Bronze induction is taking place at the club on Sunday - November 13, 2011.

Anyone interested can register in advance via the office.

CONTACT: 02 9300 9279 or email info@bondisurfclub.com

HIGHER AWARDS – REGISTER NOW

Please email Vivienne or Leanne in the office with your NAME and COURSE (i.e Silver Beach Management) in the subject header. The office will add you to a waiting list.

Courses fill up – so be sure to get in quick.

Email: Bondi Surf Club email: adminbondi@people.net.au

IRB NEWS

This last weekend saw a very busy time for IRB. Conditions on Saturday were quite challenging, and this was a step up the ladder of experience for the crew trainees who, under Eamon's supervision, performed very well. In fact, while training a couple of the crew trainees were involved in real rescue pick-ups. Well done guys!

The rips were running Saturday afternoon, along with a big breaking swell. It was a busy afternoon. Then on Sunday, although the wave height was down the beach was very crowded and again the rips were a constant source of work. Multiple rescues were carried out. At the end of the day on Sunday the Lifeguards made a point of thanking and congratulating the IRB guys. Again, well done!

The first of our two IRB proficiencies is on this Saturday, as previously announced. Be there before 08:00. The assessors have a busy day moving up and down the coast doing various clubs and won't hang about.

Finally, a reminder: in IRB we pride ourselves in being first there and last to leave: drivers must be on the beach well before patrol starts – if you need extra hands, let the PC know and they will loan you some labour for a few minutes.

See you on the beach.

EDUCATION BLOG:

<http://bondisurflifesavingeducation.blogspot.com/>

Colin Panagakis

education@bondisurfclub.com

LIFESAVING

PATROL ROSTERS:

These are available on-line at this link

<https://docs.google.com/spreadsheet/ccc?authkey=CO2Bx5EB&key=0Av4Ie40o20FEdGVVZWJGdG16ZUpCNWixQzRMWVdqY1E&hl=en&authkey=CO2Bx5EB#gid=0>

This is an active document, and changes regularly. Please link to it and find out the information that you need.

PATROL SWAPS:

The link to the document is here

https://docs.google.com/spreadsheet/ccc?key=0Aq7BLFD8ItM5dDZCbjVCWUgwSU52anRsVnRxQ3VuV0E&hl=en_US#gid=0

Bill Measday

clubcaptain@bondisurfclub.com

Charles Cotton

lifesaving@bondisurfclub.com

COMPETITION:

CLUB CHAMPOINSHIPS:

The first of the season is to be held this Sunday, 13th November. This includes events for seniors, juniors and masters, registration starts at 8am. There will also be a meeting at **3pm** after club championships for all competitors in upcoming Open and Masters Carnivals.

UPCOMING CARNIVAL EVENTS:

CARNIVAL CALENDAR 2011/2012			
22/10/2011	Sat	Bondi 2 Watsons Bay– Ocean series SKI RACE	Bondi
NOVEMBER			
12/11/2011	Sat	Narrabeen Downwind– Ocean series SKI RACE	Palm Beach
13/11/2011	Sun	Club Championships	Bondi
19/11/2011	Sat	Freshwater Masters Carnival	Freshwater
26/11/2011	Sat	King of the Harbour– Ocean series SKI RACE	Manly
DECEMBER			
3/12/2011	Sat	Queenscliff Open Carnival	Queenscliff
17/12/2011	Sat	North Cronulla Carnival – 8am	North Cronulla
17/12/2011	Sat	20 Beaches– Ocean-series SKI RACE	Palm Beach
JANUARY			

13/01/2012	Fri	Twilight Masters	Cronulla
14/01/2012	Sat	Wanda Intercities Carnival	Wanda
21/01/2012	Sat	Manly Carnival	Manly
29/01/2012	Sun	Club Championship	Bondi
FEBRUARY			
4/02/2012	Sat	Coogee Carnival	Coogee
5/02/2012	Sun	East Coast Masters	Collaroy
11/02/2012	Sat	Sydney Branch Champ. – Open & Masters	TBA
MARCH			
8/03/2012	Thu	NSW Masters Championships	Kingscliff
9-11/3/12	F-Sun	NSW Open Championships	Kingscliff
18/11/2012	Sun	Club Championship	Bondi
26-1/4/12	M-S	Aussie titles	Kurrawa

Yellow = Club Championships, Green = Masters, Red = Open under 30 yrs

Grant Veckranges
competition@bondisurfclub.com

CLUB TRAINING

Re-occurring Bondi Training Schedule								
Day	Activity	AM	Start	Finish	PM	Start	Finish	Principle Activity Coach's
Monday	Ins & Outs					6pm	7pm	Stephen De Lorenzo
Monday	Ski / Board					6.15pm	7.30pm	Grant Veckranges
Tuesday	Rescue Board		6am	7.15am				Gary Emmerton
Tuesday	Gym, Erg circuit					6pm	6.30pm	TBA
Tuesday	Dry land Training					6.30pm	7.30pm	Coach Simon
Wednesday	Ins & Outs		6am	7am				Coach Simon / Peter Longly
Wednesday	Ins & Outs					6pm	7pm	Stephen De Lorenzo
Wednesday	Ski					6.15pm	7.30pm	Grant Veckranges
Thursday	Rescue Board		6am	7.15am				Jacob Waks / Pep Font
Thursday	Gym, Erg circuit					6.30pm	7.30pm	TBA
Friday								
Saturday	Ski		8am	10am				Gary Emmerton
Sunday	Ski / Board		8am	10am				Grant Veckranges

PLEASE NOTE :

These training schedules may change from time to time so please check the Bondi Surfer regularly for changes along with myriad of additional actives being posted on the Bondi Training Squad (Facebook Site).

1. Surf Conditions will dictate the session format.
2. All participants must be registered members of Bondi Surf Club /or sign the disclaimer.
3. Only Club Members are able to use club craft and/or equipment.

SURF RACE

30/10/2011: Doc's report from last week

Fellow swimmers & paddlers,

Another great day, with a little rain at both ends. A grade saw Martin come in like Superman, the only thing he did not do was leap over a tall building. Lea was not far behind & Louise is back to her best, with Motherhood certainly not slowing her down.

B grade saw Peter, a Cadet, charge up the beach with Margaret hot on his heels, with Tony my IRB Crewman making up the trifecta. Just behind them were Bruce Wynne & Maggi, who dead heated for fourth. It good to see Maggi back from her travels, fit & well & with Lea, I am sure will give the Masters a shake next week.

C grade saw the mighty Joe beat out his mates who had both swum in B Grade. Peter & Alan, thanks again for your great efforts.

We had two heats of the tube race, with only me not finishing after ending up the worse for wear after being hit by a ripple that has put me out of action for a while. To all those who stayed & competed thanks. To Charles & Raewyn, thanks for getting me off the beach, it was much appreciated.

In two weeks we will hold a heat(s) of the Tube Race with flippers. Those who do it just for fun we will also hold the usual non-flipper heats.

I look forward to seeing you all next week.

Doc

SURF RACE 06/11/2011

A GRADE

1st – Josh Yuide – 1.50

2nd – Simon Watkins – 1.35

3rd – Carla Rowe – 1.20

Number of starters – 36

B GRADE

1st – Kim Hayes – 0.15

2nd – Alice Boxhall – 2.00

3rd – Margaret Miller – 0.30

Number of starters – 20

C GRADE

No starters due to Waverly Shield

S GRADE

Sandra Hallam, Tony Hallam, Raewyn Tippett, Larry Engdahl.

Total number of starters – 60

TUBE RACE

No race held due to buoys being used elsewhere. Expressions of interest from:

Michael Hallam, Lea Hill, Maggi, Louise Santos, Simon Watkins, Simon Barbetti and Doug Yuide.

Fellow surfers,

It was strange watching from the promenade & not being able to get down & even start the races. Thanks to Tony for taking over the starts & as always to Raewyn for everything she does. A true friend & volunteer, who like so many of you gives a lot to the Club, with her only reward being the satisfaction of being a part of our great Club.

A Grade saw Josh my Patrol protégé once again displaying all his surfing skills to come in five seconds ahead of an ageless Simon, with Carla a good third.

B Grade saw Kim, another with a Ormsby Patrol background win an exciting race with Alice coming in a strong second, with the run up the beach. Margaret you will need to practice your sprinting, I will have a word with David & see if he can give you a hurry up.

Due to the Nipper carnival & our younger sister Club asking to use our buoys for their surf race the Tube Race was not held, however, each who advised of their intention to race will be allocated two points for the start.

Next week, I doubt that I will make it to the sand, however, with Raewyn & Tony taking charge their will be no problems. It is proposed to hold at least one heat of the Tube race using flippers, but we need at least three starters. The normal races will be held.

Doc

PS I have been asked two questions:

Can you swim around the buoy using a breast stroke kick. The answer is yes, however, it is not advisable as you are more likely to hit someone. Anyway the quicker you get around the quicker you get back to the beach.

Can you cut across & not go around the second buoy. You can, however, you can not place in the race. This sort of thing can cause a lot of tension from your fellow competitors & unless you are swimming with me & not with the pack it is better to go around both.

SOCIAL NEWS

SUMMER LAUNCH PARTY: SUNDAY 20TH NOVEMBER

The Summer Launch party will be open to the public, members and friends and will include a band and a DJ! So come down, bring some friends and enjoy your club on a Sunday. Tickets are available from the office (\$10 for members, \$20 non-members).

BONDI SURF CLUB

SUMMER LAUNCH PARTY

SUNDAY
20TH NOVEMBER

2PM TILL LATE

SCENIC LOUNGE
SOULGANIC
FOR THE LIGHTS

COURTYARD
THE BACK HANDERZ
MATT ROBERTS
JUJU

@ Ravesi's
@ Ravesi's Hotel Bondi Beach

BONDI BEACH CLUB

BONDI

Corona Extra

ravesi's
118 Campbell Pde Bondi Beach
t. 9365 4422 w. ravesi.com.au

QUEEN ELIZABETH DRIVE, BONDI BEACH (NEXT TO BONDI PAVILION)
\$20 TICKETS AVAILABLE FROM RAVESI'S RECEPTION. NUMBERS ARE STRICTLY LIMITED

CHRISTMAS PARTY: SATURDAY 3RD DECEMBER

Have you been naughty or nice????

Come show off your true colours at Bondi SBLSC annual Naughty or Nice Christmas party, and get in the Mood...

for Christmas that is! Join us for the the sexiest party of the season at the gorgeous ocean view bar at the Bondi Lifesaving Club.

Dress to show how you've been acting all year...and remember you can't hide anything from Santa!

LIMITED TICKETS, BOOK NOW, DON'T MISS OUT!

Book tickets online at <http://bondixmas.eventbrite.com/> or call the club office (02) 9300 9279 (02) 9300 9279 between 9am and 3pm on weekdays.

Where: Bondi Surf Bathers Life Saving Club (next door to Bondi Pavilion)

When: 6:30pm - 3rd of December

Cost: \$15 through the office or online

(tickets will be available on the door only if there are tickets left)

NIPPER NEWS

We return to regular nipper activities this Sunday morning.

BOARD TRAINING

Board/Surf Training sessions...

- Sunday 8.00am
- Monday 5.00pm
- Wednesday 5.00pm

The sessions on Monday & Wednesday will be a mix of Board, Surf & Sand training. Sunday is a Boards session.

Let us know if you want to come along to ensure we have adequate Water Safety in attendance. If you plan on coming, send an email to Michael at nippers@bondisurfclub.com.au . Nippers are to meet at the container to collect a board.

SPONSORS

Our Nipper Program is dependent on the assistance of not only our great volunteers, but also the assistance and partnerships with our terrific Sponsors and Donors.

Please consider these wonderful Bondi Nipper sponsors, and how you may be able to give back to them, as they have given to us.

If you have any in-roads or introductions to potential sponsors of Bondi Nippers, we would greatly appreciate any introductions.

Please contact Michael Gencher at nippers@bondisurfclub.com for any information or details regarding sponsor/partner programs and benefits.

A HUGE welcome to our two newest Bondi Nippers Sponsors!!!!

Apple & Bee

&

The Roosters

Our 2011/2012 Sponsors & Donors

Andre Porebski + Associates Architects <http://www.porebskiarchitects.com.au/>

Make it cheaper <http://www.makeitcheaper.com.au>

The Sydney Roosters <http://www.sydneyroosters.com.au/>

Body Express Swim School <http://www.bodyexpress.com.au/swim>

Beach Road Bistro <http://www.beachroadbondi.com.au/>

Bonds <http://www.bonds.com.au/>

Michael Gencher

nippers@bondisurfclub.com

OFFICE:

Office hours are Monday to Friday 9am to 3pm and Sunday 9am to 12 am

Phone: 9300 9279

info@bondisurfclub.com