



THE BONDI SURFER



HAPPY NEW YEAR EVERYONE AND WELCOME BACK FOR ANOTHER SEASON OF THE BONDI SURFER!!

SOCIAL NEWS / COMPETITION:

What better way to roll on into another year then to reflect on Bondi's recent success at the Cronulla Twilight Masters. In what could also be described as the social event of the year (all 18 days of it), our Bondi teams led by Gary Emmerton and Grant Veckrages battled land and sea to win Silver overall in both competition pools.



Ready.....



Set.....



Goooooo Bondiiiiiiiiiiii!!!!!!

It all starts here.... Early morning board sessions led by Gary Emmerton and Pep Font proves to be a great way to get fit and competent on boards in preparation for competition.





Put your back into it Bondi! The Veterans show us how..... That's it! The boys have finally got it!!!

GARY'S CARNIVAL REPORT:

Bondi Pool A: Team (B) SECOND

Bondi Pool A: Team (A) Failed to get a mention rest ashore we tried our hearts out.

Bondi Pool B: Team (A) SECOND

Well what a way to spend an evening thank you all for joining me and most of all representing Bondi It's mine and Bondi's honour to stand on the beach with you all.

Firstly I must say the hospitality from the hosting Cronulla club and all the other representing clubs was again something special. I believe 99.9% of the world's population would love to have what we have; I myself feel humbled how good we Australians are to each other.

Anyway enough of my ramblings on with the report, it's going to be a long one I'll try and curtail my verbosity of the keypad.

We compiled three teams, two Men's and one Ladies albeit, with the help from Gina from Woonona, Ray from Bellambi (Ray had to wear lipstick to join the ladies team) Dave from Maroubra thanks guys.

The competition was congenial though competitive once the start line was reached. We for ever had the Lion (Grant Veckranges) telling us the best line and strategy we should take. You should have seen him strutting up and down the start line looking after his pride. He also managed to save someone from drowning at the same time you could tell he didn't like getting his mane wet.

The ladies just kept on keeping on through the rough conditions Michelle put in a commendable swim coming 5th overall in the Pool B swim. Michelle's deep powerful stroke helped her negotiate the chop and navigate to the buoys. In the board relay she was like electricity coming off the beach and finished strong. Michelle did us proud in the beach running relay she brought Bondi home to place us second the entire time she had here goggles on her head and a smile as big as Luna park.

Tanya is the consummate competitor digging in and not shying away from any of the conditions. Tanya along with Chris Bennett where the conduit of the entire Bondi contingency the infectious team building those two create is second to none. No doubt about it! Tanya is going to be our next flags champion she's bloody quick.

The lads Pep Font, Paul Capper, Brad Donnelly, Chris Bennett and Hec Mclean all gave their best and more. Talk about ducks to water performing like seasoned professionals their sprit was contagious. All the events where back to back and I'm glad to say everyone's fitness held up a great indicator of base fitness and a good motivator to start working on our technical skills. See results below.

Gary Emmerton

Cronulla twilight carnival							
Pool A	Event						
Team one	Swim	Board relay	Ski	taplin	board res-cue	Beach re-lay	Flags
Pep Font	6	4	2	0	0	1	1
Chris Bennet	6	4	0	4	3	1	2
Brad	6	4	0	4	3	1	0
Grant	0	0	1	4	0	1	0
Team two							
Gary Emmerton	7	0	4	0	8	2	1
Paul Capper	0	4	0	6	5	2	2
Hector	7	4	0	6	5	2	5
Maroubra chap	7	4	3	6	8	2	0
Pool B							
Michelle	7	9	0	0	4	2	0
Tanya	7	9	0	0	4	2	3
Gina (Sub Woonona)	0	0	0	0	0	2	2
Ray (Sub Belambi)	7	9	0	0	0	2	0



Gary shows how it's done (finishing 1st in flags) while coach Grant gives the boys some valuable tips!



Winners are grinners!!!! Silvers all round for the girls (sorry Ray) and the boys!!

So for those of you who felt you missed out on a great evening of fun, competition and all round awesomeness, you did!!! The good news is there are plenty more training sessions and competitions coming up in which you can get involved. The following are the upcoming events for this year and details of training sessions can be found on page 5.

CARNIVAL CALENDAR 2012

21/01/2012	Sat	Manly Carnival	Manly
29/01/2012	Sun	Club Championship	Bondi
FEBRUARY			
4/02/2012	Sat	Coogee Carnival	Coogee
5/02/2012	Sun	East Coast Masters	Collaroy
11/02/2012	Sat	Sydney Branch Champ. – Open & Masters	TBA
MARCH			
8/03/2012	Thu	NSW Masters Championships	Kingscliff
9-11/3/12	F-Sun	NSW Open Championships	Kingscliff
18/11/2012	Sun	Club Championship	Bondi
26-1/4/12	M-S	Aussie titles	Kurrawa

Grant Veckranges competition@bondisurfclub.com

EDUCATION

BRONZE INDUCTION – SUNDAY JANUARY 22nd

Bondi's next Bronze Induction is taking place this coming **Sunday January 22nd at 10.30am**, Scenic Lounge, Bondi Surf Club. Do you know anyone interested in doing their Bronze? Please spread the word amongst family, friends and work colleagues.

This course will be specially tailored for Nipper parents and will commence at 7am on Sunday's.

MIGRATION TO SURF

Bondi's next Migration to Surf program will run on Sunday February 5th, 2012.

The program will run from 9.00am and will include a presentation from the Cancer Council and a theory session on basic beach safety.

If you know anyone who might interested in taking part – or if you are interested in helping out please email Bondieducationmanager@gmail.com.

CALLNG ALL SRC's ...

A new Facebook group for SRC'S members called 'Bondi SRC'S' is now set up. Please join the group and tell all your friends. Parents of SRC members please encourage your kids to join the group. The group is run by Club Competitors, Natalie Hill & Sarah Veckranges. Nat and Sarah are on hand and will encourage all SRC members to meet up, train, socialize and keep them up to date on what's happening around the club.

CLUB TRAINING

Please Note: All session times are on the beach ready to start !

Re-occurring Bondi Training Schedule								Skill & Effort Level			
Day	Activity	AM	Start	Finish	PM	Start	Finish	High	Inter	Low	Principle Activity Coach
Monday	Ins & Outs					6pm	7pm				Stephen De Lorenzo
Monday	Advanced Ski					5pm	6.30pm				Robert Harvey (Meet N. Bondi)
Monday	Ski					6.15pm	7.30pm				Grant Veckranges
Tuesday	Rescue Board		6am	7.15am							Gary Emmerton
Tuesday	Gym, Erg circuit					6pm	6.30pm				TBA
Tuesday	Dry land Training					6.30pm	7.30pm				Coach Simon
Wednesday	Ins & Outs		6am	7am							Coach Simon / Peter Longly
Wednesday	Advanced Ski										Robert Harvey (Meet N. Bondi)
Wednesday	Ins & Outs					6pm	7pm				Stephen De Lorenzo
Wednesday	Advanced Ski		6am	7.15am							Robert Harvey (Meet N. Bondi)
Wednesday	Ski					6.15pm	7.30pm				Grant Veckranges
Thursday	Rescue Board		6am	7.15am							Jacob Waks / Pep Font
Thursday	Advanced Ski					5pm	6.30pm				Grant Veckranges
Thursday	Gym, Erg circuit					6.30pm	7.30pm				TBA
Saturday	Advanced Ski		7am	9am							Robert Harvey (Meet North Bon)
Saturday	Ski		8am	10am							Grant Veckranges / Gary Emme
Saturday	Ski /Board / Beach Activity		8am	9.30am							Chris Lorang / Pep Front / Jaco
Saturday	Group Swim		Club Race			10.30am	11am				Club Race
Sunday	Ski / Board		8am	10am							Grant Veckranges
Sunday	Ski /Board / Beach Activity		8am	9.30am							Chris Lorang / Pep Front / Jaco

PLEASE NOTE :

These training schedules may change from time to time so please check the Bondi Surfer regularly for changes along with a myriad of additional Bondi Training Squad (Facebook Site).

1. Surf Conditions will dictate the session format.
2. All participants must be registered members of Bondi Surf Club /or sign the disclaimer.
3. Only Club Members are able to use club craft /equipment

BOATIES

The open women's crew finished 2011 on a high. Having just pipped Elouera early on in the season at the Sydney Branches local series, our very own Open Women's crew represented the branch on December 10th and 11th at the Interbranch series.

The two days of competition provided some great racing with 5-6ft swells coming through. Harvey Barratt did what he does best and held the girls straight on every wave, including the wave of the day (you know it must have been good when all the sweeps on the beach gave him a pat on the back!)

The Competition was strong with South Curl, Macmasters, Austinmer, Swansea Belmont and Bondi Hills making up the field. At the end of day one, the Bondi 1100's had the pressure on South Curl who were just one point ahead.

Day two proved to be tough, with just two races to go Bondi needed to finish both ahead of the very strong curl curl crew. Race one was tight with both crews pulling onto the same wave.... Unfortunately Curl were given the win just ahead of our girls, this result summed up the overall result for the weekend;

1. South Curl Curl (Northern Beaches)
2. Bondi (Sydney)
3. Austinmer (Illawarra)

Pairing up with the North Cronulla Open Men for the boat relay, the Sydney Branch was very happy to add the points for the win to the branch total. Unfortunately Northern Beaches pipped Sydney by only 7 points across all disciplines- taking on some of those waves in a surf boat was exhilarating, hats off to the U/12's who conquered the surf at the tougher end of the beach!

It was a great effort from the girls and one that has not been seen from a Bondi crew since 'Gawk was a junior'

The first carnival back after the Christmas break was at Palm Beach. Two crews made the journey across the bridge, the Open Men and the masters crew, the Teletubbies. There was some tough competition from the northern beaches crews, both Bondi crews put in some promising rows, but were outclassed earlier than they would have liked. This weekend is the Inter-cities carnival at Wanda, with Manly and Freshwater to follow, so it's a big few weeks coming up for the boaties.



Last Saturday was the prestigious Intercities carnival held at the ever changing and always exciting Wanda beach. According to folk law, the Intercities Carnival is a gruelling battle between the best boat crews from Newcastle, Sydney and Wollongong. Although that must have been before the days of Ocean Thunder and Sydney Harbour Bridge closures, because the turnout was rather disappointing.

Those crews who didn't turn up would have been kicking themselves, because as usual Wanda turned on a great swell, the ocean was lively with a tricky shore break, a long bank and offered some great runs home from that cans for those crews good enough to pick them up.

The two competing crews were Harvey's Men and Women, and the format would be a four race round robin with no final. The men started the day with a few 3rds, and finished the day with a 2nd

and a 1st, resulting in 2nd overall behind Austinmer. The heavy shore break claimed a sweep oar before the gun went, and a collision between the Austi boat while shooting for the line in the last race ensured some excitement for the crowd.

The girls, being refined, did not break any equipment and posted improving results as the day progressed. After a shaky trail in their first race, their next 3 races was a skilful display of surf rowing, giving the girls 2nd overall, also behind a strong Austinmer crew.

Manly carnival is this weekend, it's one of the biggest carnivals of the year for the boaties against crews from all over the country, so please come down to the boat area and cheer us on!

SURF RACE (week 17) 15/01/2012

A GRADE

1st – Marcus Kornmehl – 0.50 (7 min 11)

2nd – Jacob Waks – 0.10

3rd – Keiran Speed – 0.25

Number of starters – 17

B GRADE

1st – Michael Ferry – 0.30 (10 min.00)

2nd – Angus Chasrd – 1.45

3rd – Joy Pertile – 1.00

Number of starters – 21

C GRADE

1st= Peter Riley and Alan Williams

Number of starters - 2

Both cadets swam in B Grade instead of doing C Grade

S GRADE

Raewyn Tippett, Sandra Hallam, Tony Hallam, Larry Engdahl

Number of starters - 4

Total number of starters – 44

TUBE RACE

Heat 1

1st – Michael Hallam, 2nd – Nick Nezval, 3rd – Keiran Quartly

Heat 2

1st – Alan Williams, 2nd – Peter Riley, 3rd – Paul Pickering

Other starters – Paul Williams

Fellow Surfers'

Not the nicest of days, however, by 10.30 the sun was out & the Jackson boys had the patrol humming & the buoys were set & into some choppy waves we all dived. The water was warmer than the air temp.

Although we see Dad walking & chatting along the promenade, we have not seen Marcus as often as we like & it was a quick visit with him running up the beach ahead of Jacob, who is on a roll & Mr. Bondi Keiran Speed, not far behind.

B Grade saw Uncle Charlie get up for a good win from Angus & Joy. We again ran the Tube Races & to Michael & Alan congrats on fine wins. We will continue to hold for the remainder of the season & look forward to seeing Nessie again running down the beach with a tube in hand, hitting the water at a million miles an hour. All we need is for Maca to return & wouldn't that cause a few good waves, so how about it Andrew!

A big congratulations to the Ducky crew, who performed a heroic rescue on one of the racers, who was not used to the surf conditions. Thankfully it was a Norths' swimmer, as they were using our course.

Hopefully our biggest problem next week will be sunburned bodies & I look forward to seeing you all well covered up or blocked out.

Once again to Raewyn & Tony a big thank you for your assistance & to everyone who turned up, as I know how easy it is to roll over when the rain is pelting down on to your bedroom window. I will provide the second half programme for the memorial events next week, with them starting in February.

Doc

GENERAL NEWS



New foamies found under the Christmas tree!

JUDICIARY COMMITTEE MEETING: 9 am 5th FEBRUARY 2012

Please note that if you have missed a patrol (prior to 16th January) & not made it up as required, before the 5th February, you will be automatically referred to the Judiciary, to discuss same.

We will also be looking at Special Duty & those who have not completed at least six of the eleven patrols required for the season. We would much prefer not to see anyone & as such it is requested that you endeavour to make them up. Should you have a problem, please speak to your Patrol Captain & see what they can do to resolve the matter.

Secretary
Judiciary Committee

LIFESAVING

THIS WEEKS PATROLS

21-Jan	8:30	13:15	Saturday am	Walsh
21-Jan	12:45	18:15	Saturday pm	Besomo
22-Jan	7:30	13:15	Sunday am	Craven
22-Jan	12:45	18:15	Sunday pm	Jeppesen

HOLIDAY SEASON PATROLS

Thank you to all who were able to get down to Bondi over the holiday season patrol period to do their rostered patrols and to help out. The beach was very busy, especially so on the expected peak days.

The Lifeguards have asked that their thanks be passed on to the patrolling lifesavers. In particular, the Christmas afternoon patrol, who were 'awesome'.

25 th AM	4 rescues
25 th PM	26 rescues
26 th AM	-
26 th PM	9 rescues

PATROL HOURS INCENTIVE – additional hours (x 1.5)

These have now been added to the patrol hours for the members that were non-rostered on December 25th, 26th and January 1st. There is a link to the four page pdf document on the Cover Page of the Patrol Rosters on-line document (see below). You can see your hours via Lifesaving On-line (link also below).

PATROL SWAPS

Please can you all make sure that you use this document (linked below). In particular, this includes the **IRB driver and crews**.

One thing this document does is to give immediate visibility that there may be an issue with a patrol member attending their patrol. This can be very useful information for a patrol captain.

If you haven't posted your initial swap request in this document, I'm afraid the argument that you have tried everything to find a swap won't go too far.

VISITORS TO BONDI – Saturday 21st January

On Saturday morning we will be joined by a group of cadets who are down in Sydney for a youth camp. I've paraphrased their supervisor's request, I think it summarises the situation well. They will have a tour of the club (especially requested was our history hall) before joining the patrols during the day. All their award details were provided, their experience covers a range of awards, including IRB and radios, as well as Resus and of course Bronze Medallion.

'Tweed Heads and Coolangatta SLSC Gold Coast QLD.

We are bringing a group of 20 cadets (13 to 18yrs) to Bondi on a SLSC youth camp from the 20th to 23rd January, to see your beach and a different world of surf life saving as we are from a quite safe beach.

These cadets are very capable surf life savers and very dedicated to surf life saving. Most compete and love their surf life saving lives'.

Please make them very welcome!

Bondi Patrol Roster (on-line Google document)

Check your patrol dates, times. See who is on patrol with you. Proficiency dates, active member categories.

<https://docs.google.com/spreadsheet/ccc?authkey=CO2Bx5EB&key=0Av4le40o20FEdGVVZWJGdG16ZUpCNWlxQzRMWVdqY1E&hl=en&authkey=CO2Bx5EB#gid=0>

Bondi Patrol Swaps (on-line Google document)

If you need a swap, enter your details here first of all. All patrol swap requests should go into this document, whether you are a Patrol Member, Patrol Captain/Vice Captain, IRB Driver or Crew. It is a record of swap requests, and is one of the documents referred to by Judiciary.

https://docs.google.com/spreadsheet/ccc?key=0Aq7BLFD8ltM5dDZCbjVCWUgwSU52anRsVnRxQ3VuV0E&hl=en_US#gid=0

Lifesaving On-line

https://www.lifesavingonline.com.au/SLSA_Online/modules/home/index.php

Lifesaving Online is a self-service membership portal for members of clubs and support organisations in Surf Lifesaving. You can renew membership, apply to join a club and check your details, awards and patrol hours from this site.

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